

MONTHLY NEWSLETTER



September Issue

SCHOOL OF THE MONTH



ST. CHRISTOPHER'S INTERNATIONAL SCHOOL

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MY VISIT TO THE ST. CHRISTOPHER'S INTERNATIONAL SCHOOL

Founded in 1985, St. Christopher's International School sits on a 25-acre campus along Ngong Road in Karen. It is a co-educational day and boarding school offering the British National Curriculum from Kindergarten through to Year 13, with students working towards IGCSEs, A Levels and BTEC qualifications.

The school is built on Christian values but welcomes students from different denominations and faith backgrounds.

The first thing that caught my attention was the architecture. The campus is designed to feel almost like a village, with buildings and shared spaces flowing into one another, which creates a strong sense of community as you walk through. There is also plenty of open space where students can play, relax and spend time outdoors.

Safety is a huge priority. As soon as I arrived, I was asked to read a notice setting out the school's security and safeguarding policies for visitors. As we moved from room to room, I noticed staff consistently locking each space once it was no longer in use. Although a small habit, but it says a lot about the culture and the school's attention to safety.

The facilities were another highlight. The science laboratories are modern and well equipped. And then there is the gym. Honestly, it's the best I have seen on any school visit so far. A bonus for parents: you can use it too. 🏋️

Another thing...

Technology is an increasingly visible part of life at St Christopher's. I was impressed by how the school has embraced artificial intelligence. The teachers use AI to manage their workload and plan their courses, while students are introduced to this technology at different ages, with a strong focus on using it responsibly. One former student went on to study robotics and AI at university, which says a lot about the kind of exposure pupils get here.

A School to Watch

St. Christopher's is in the middle of an exciting period of change. Major renovations are underway, especially to its buildings, and the school has brought in several new hires. It's a school with nearly four decades of history investing in its next chapter, and I'm curious to see what it produces over the next few years.

What About Fees?

St. Christopher's sits firmly in the premium bracket, and fees rise significantly as students move up the school. For the 2026/2027 academic year, Kindergarten ranges from KES 139,000 to KES 197,000 per term. In the Preparatory School, Years 1–3 are KES 365,000 per term, and Years 4–6 are KES 450,000 per term. Secondary starts at KES 524,000 per term for Years 7–9 and KES 572,000 for Year 10. Year 11 is KES 803,000 and Years 12–13 are KES 818,000, both charged for Terms 1 and 2 only.

Full boarding is available from Year 5 at KES 355,000 per term, with weekly and flexi boarding available on request. New pupils must pay full fees upfront before they start class.

Fees are subject to change, so please confirm the latest figures directly with the school.

Who Is St. Christopher's Right For?

Based on what I saw, St. Christopher's is a strong fit for families living on the west side of Nairobi, around Karen, Langata, Lavington and Kilimani, who want an established British curriculum school close to home. It suits parents who value a Christian ethos in an inclusive setting, and families who need boarding flexibility from Year 5, including expat and relocating families. It will especially appeal to parents who want their children to have good exposure to technology and AI, alongside strong sports and science facilities. Because costs climb steeply through IGCSE and A Levels, it's best suited to families who can plan for the full journey, not just the entry year.

Thinking About an International School in Kenya?

At GoShule, we visit international schools, so you don't have to navigate the search alone. If you are looking for the right international school for your child in Kenya, we would love to help.

HELPING YOUR CHILD NAVIGATE A NEW SCHOOL



At GoShule, many of the families we speak to are in the middle of a move. Some are relocating to Nairobi for work. Some are switching from CBE to an international curriculum. Others are moving from a school that simply wasn't the right fit. The reasons vary, but the question underneath is almost always the same: how do I make this easier for my child? Here's what we've learned from walking alongside families through that change.

Start the conversation early

Children cope better with change when it doesn't take them by surprise. Once you're fairly sure a move is happening, tell them, even before every detail is settled. Explain why you're making the change in words that fit their age, and let them ask questions. Some questions you won't be able to answer yet, and that's fine. Being honest that you're still working things out builds more trust than promising everything will be perfect.

If you can, involve your child in part of the decision. An older child might come along for a school visit or join a virtual tour. A younger child might help choose a new school bag. Small choices help children feel the move is happening with them, not to them.

Pay attention to the practical gaps

For families moving from the Kenyan system into an international school, there are a few adjustments that often catch people off guard:

- Year placement. International schools usually place children by age, and sometimes after an assessment, so your child's new year group may not match what you expect from their current grade. Ask the school early how they decide placement.
- The school calendar. Many international schools run from September to July, while the Kenyan calendar runs from January. A mid-year move can mean joining halfway through a year, so ask how the school helps new joiners catch up.
- A different way of learning. Many international curricula lean heavily on inquiry, presentations and independent projects. Children used to a more exam focused approach may need a term or two to find their rhythm.

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For families relocating from abroad, add a new city, new routines and new friendships to that list. Give it time.

Expect the first term to be bumpy

Even children who were excited about moving can come home tired, quiet or out of sorts in the first few weeks. That's normal. Everything is new, from the timetable to the lunch routine to the faces in the corridor, and processing all of that takes energy.

Instead of asking "How was school?", try specific questions: Who did you sit with at lunch? What was the funniest thing that happened today? Notice and celebrate small wins, like the first playdate, the first club they joined or the first time they spoke up in class. And when they share worries, listen before you try to fix anything.

Keep home steady

When school is changing, home becomes the anchor. Where you can, keep familiar routines around bedtime, meals and weekends. Keep your child in touch with old friends through calls or visits. These familiar things give them something solid to lean on while the rest settles.

Ask the school the right questions

Before you enrol, ask:

- Do you have a buddy system or orientation for new students?
- How do you support children joining mid year?
- Who is my first point of contact if my child is struggling to settle?
- Is there language or learning support if my child needs it?

The answers will tell you a lot about how much the school invests in pastoral care. In our experience, that matters just as much as academic results, especially in the first year.

Know when to get help

Most children settle within a term or so, but some take longer. If your child is withdrawn for weeks, doesn't want to go to school, or their sleep or appetite changes noticeably, talk to their class teacher or the school counsellor. Reaching out early is not overreacting. It's giving your child the support they need.



WHAT IS GOSHULE? YOUR HONEST GUIDE TO INTERNATIONAL SCHOOLS IN KENYA

Choosing a school for your child is one of the biggest decisions you'll make as a parent. In Kenya, it can also be one of the most confusing. You can choose from British, American, IB, French, and blended curriculum options. Fees vary widely, and often come with extra charges you only discover later. Plus, much of the information out there comes from the schools themselves.

GoShule was built to make that process clearer.

Where it all started

GoShule began with a simple, personal experience: helping a friend find a school when there just wasn't enough time to do it properly. It was clear then how much families could benefit from one place to go for convenient, honest, practical school information. Today, GoShule is an independent international school advisory and discovery platform based in Nairobi, helping families find schools that genuinely fit their child.

What you can do on GoShule

- Explore the school directory. Browse schools by level, from kindergarten and primary through to secondary, and by curriculum, including the IB programmes. You can also browse by county, including Nairobi, Kiambu, etc
- Read real parent reviews. Parents share first-hand experiences of the schools their children attend. To keep reviews genuine, full review access is unlocked once you've contributed an approved review of your own. It's a community that gives as much as it takes.

- Get a personalised advisory report. If you want tailored support, we research and compare schools against your family's priorities, including curriculum, location, budget and boarding needs, and present the options side by side, fees included.
- Read our school visit reviews. We visit schools in person and write about what we actually see, from the facilities to how safety is handled and how new pupils are supported.
- Stay informed. Our monthly newsletter brings school insights, practical guides and education opportunities straight to your inbox.

How we help you decide

Our advisory process follows four simple steps:

- Understand. We start with your child and your family: what matters most, what you can afford and what the future might look like.
- Research. We gather and verify information on the schools that could work, including fees and the extra costs that often get left out.
- Narrow. We help you cut a long list down to a realistic shortlist.
- Recommend. We give you a clear, honest recommendation so you can take the next step with confidence.

Why independence matters to us

- Editorial independence is non-negotiable at GoShule. Schools cannot edit, remove or influence parent reviews or our school visit write-ups. We also work with schools on visibility and partnerships, but that work is kept completely separate from the honest guidance we give parents. Our loyalty is to families first.
- We're also upfront about what we don't know. School fees change, policies change, and we always encourage parents to confirm the latest details directly with a school before making a final decision.

Who GoShule is for

- Families relocating to Kenya who need to understand the international school landscape quickly
- Parents moving from the Kenyan system to an international curriculum
- Families comparing day and boarding options across Nairobi and beyond
- Any parent who wants an honest second opinion before committing to a school

OUR SERVICES



LOOKING FOR
AN
INTERNATIONAL
SCHOOL IN
KENYA

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WISDOM CORNER

*“You have power over your mind ,
not outside events. Realize this, and
you will find strength.”*

Marcus Aurelius



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SEPTEMBER ISSUE

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From school highlights to latest education insights, each issue is a curated guide to support your child's educational journey.

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